



## Destined to Be Together

"It all started as a fluke" Marilyn began her Westie story. You see her son and daughter-in-law asked her to go with them to the Golden Arts Festival back in 2009, "we hadn't been there terribly long when right there coming toward me was the most adorable little white dog I had ever seen. Tail wagging, eyes happy, eager to meet and greet! I was in love!" His name was Jack and his new foster dad Mike told her if she was interested to contact Westie Rescue Network. As fate would have it Jack found a new home with Marilyn, Ruby (cock-a-poo rescue) and Xtra (Sheltie rescue) within days. "I have so enjoyed Jack's little antics" says Marilyn, "he just fits right in, he is such a sweetie!"

In the fall of 2015 Marilyn received a call from WRN, it seems that they had a little Westie who needed doggie companionship! Marilyn certainly had a plethora of doggie playmates and did not hesitate a moment to welcome Maggie into their home. Maggie, a senior Westie, jumped right into the mix and never looked back. "It's amazing, everyone gets along so well" says Marilyn, "and they are all so happy to be brothers and sisters".



Jack and Maggie

Although Marilyn's family and friends are a little concerned that she has become the "dog collector" she personally has never been happier. "I am so thankful, all of my dogs bring such joy and happiness to my life, and these Westies are something else. They are in their own category of adorable".

For more information on how you can help foster or adopt a Westie contact Westie Rescue Network at [Westie@westierescuenetwork.org](mailto:Westie@westierescuenetwork.org). today.

## Mark Your Calendar!!

Your Invited to attend the Westie Highland White Terrier Club Christmas Party on December 4<sup>th</sup> at the White Fence Farm restaurant. Festivities begin at 5:00 PM at a cost of \$27 per person. Please RSVP to Elaine Thompson ([bopbob@comcast.net](mailto:bopbob@comcast.net)) or call 719.471.0622.

*Everyone is Welcome*

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# How To Help Your Dog Cope with Fall Allergies

<http://iheartdogs.com/how-to-help-your-dog-cope-with-fall-allergies/>

**As the season changes, so do the allergies. And just like people, your dog can be affected.**

**Although the fall does not have all the blooms and new growths that bother many, such as pollen and grass, it has dying plants and wind, moisture, and cooler temperatures that stir up the irritants ([www.petmd.com](http://www.petmd.com)). In addition, the fall brings with it mold, which can affect your pet whether he is allergic or not. Dr. Julie Horton, medical director at the ASPCA Adoption Center answered a few questions about fall allergies and how to help your pet cope.**

## **What are the common Fall allergies we see in dogs?**

There are no specific "Fall" allergies but they tend to surface with seasonal changes. Allergic symptoms which are cyclical and repeatedly surface at the same time each year are referred to as inhalant allergies or atopy as opposed to a food allergy. Your dog can be allergic to pollen, dust, leaves, grass or other substances which may be more common in the Fall.

## **Can my dog become allergic to something as he ages that never bothered him before?**

Dogs can develop allergies to different stimulants as they age. It can vary from year to year as well. The only way to effectively diagnose them is to do intradermal skin testing. This is performed by a board certified veterinary dermatologist who will then prescribe allergy injections based on test results.

## **How do you know your dog is allergic to something?**

- Signs of inhalant allergies are most often exhibited by:
- Scratching
- Reddened skin or rash particularly on the stomach or paws
- Excessive paw licking
- Hair loss
- Itchy red eyes
- Ear infections. In addition, [Petmd.com](http://Petmd.com) mentions these other symptoms:
- Sneezing
- Coughing
- Fur color change (tears and saliva contain porphyrins, which stain light colored fur from white to brown)

## **Why Should You Take Your Dog to the Vet for Allergies? Won't they just go away when the season changes?**

Allergies can lead to severe, chronic, and very painful conditions if left untreated. Always consult with your veterinarian prior to trying any medications.

## *The 2017 WRN Calendars & Note Cards Are Available for Sale!*



***Who Doesn't Love a Westie and Who Doesn't Love the 2017 Calendar and Note Cards.***

With Gift Giving Season around the corner, the 2017 Calendars and Note Cards (set of 12) make the best gifts or stocking stuffers. For only \$15 each plus shipping, you can order yours today!!

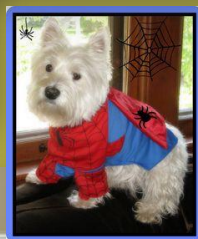
To order: go to our website:  
[www.westierescuenetwork.org](http://www.westierescuenetwork.org)







# *What Will Your Westie Be Wearing This Halloween?*





## Peanut Butter & Carrot Cookies

These treats are **AMAZING** and your Westie will love them.

As Seen On "Vegosity.com"

<http://www.veganosity.com/vegan-peanut-butter-and-carrot-dog-cookies/>

### Ingredients

- 2 cups brown rice flour
- ½ cup oat flour
- 1 teaspoon baking powder
- 1 teaspoon corn starch
- ¼ teaspoon salt
- ½ cup peanut butter
- 2/3 cup apple sauce
- 1 tablespoon maple syrup
- 1/3 cup grated carrots



### Instructions

- Preheat oven to 350°
- Line a cookie sheet with parchment paper
- Whisk the dry ingredients together in a medium bowl.
- Put the peanut butter, apple sauce, and maple syrup in a large mixing bowl and beat until creamy. Add the carrots and combine.
- Add 1/3 of the flour to the peanut butter mixture and combine, keep adding the flour by thirds until completely combined and the dough forms a ball.
- Roll out half of the dough on a floured (use rice or oat flour) surface and cut out with a cookie cutter. Continue to roll the dough and cut out the cookies until the mixture is gone.
- Bake for 12-14 minutes and cool completely before serving to your dogs.

## Your Donations Save Lives and Gives Life



Missy was a breeder dog that was rescued from a puppy mill last year. She spent most of her time locked in a cage and was used to sleeping sitting up. Never knowing what green grass or snow was, she now delights in running in the back yard and giving herself snow baths in the winter.

Thanks to the Westie Rescue Network, Missy now has a wonderful home, loving pet parents and a zest for life.

## The Holidays Will Be Here Soon . . .

When You Shop On Amazon They Will Donate To WRN On Your Behalf

And it is all at NO COST TO YOU. With every purchase you make Amazon will donate 0.5 percent of Your Purchases to WRN

To take advantage of this offer you must:

- 1) specify on "Smile" that WRN is your charity and . . .
- 2) next order each time through Smile so WRN will receive your donation



### If you have suggestions for future Newsletters

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